

Super Stress Solutions

Cutting Edge Strategies To Transform Your Life.

<http://www.superstressolutions.com>

LOW SELF ESTEEM, CONFIDENCE & INDECISIVENESS

A. Treatment Outcomes

- 5 Maximum, symptoms virtually non existent
 - 4 Significant, exceeded expectations in symptom reduction
 - 3 Moderate, Acceptable outcome improvement made
 - 2 Slight, below expectations some symptom reduction
 - 1 None, not helped at all
- Overall Satisfaction Rating 4.1

B. Sensitivity of Consultant

- 5 Greatly
 - 4 Very much
 - 3 Moderately
 - 2 Slight
 - 1 Not at all
- Overall Satisfaction Rating 4.5

C. Competence of Consultant

- 5 Very Competent
 - 4 Competent
 - 3 Adequately
 - 2 Slightly competent
 - 1 Incompetent
- Overall Satisfaction Rating 5.0

D. Additional Help

- 5 Greatly
- 4 Very much
- 3 Moderately
- 2 Slight
- 1 Not at all

Overall Satisfaction Rating 4.2

E. Experience & Expectation

- 5 Very much in a positive way
- 4 Slightly in a positive way
- 3 Slightly in a negative way
- 2 Very much in a negative way

Overall Satisfaction Rating 4.8

F. Willingness to return or refer others

- 5 Very willing
- 4 Moderately willing
- 3 Slightly willing
- 2 Reluctant
- 1 Not willing

Overall Satisfaction Rating 4.9

Improvement in personal well being,

Before Treatment



After Treatment



Testimonials - What participants say about the consulting they received specific to **Low Self Esteem, Confidence** and **Indecisiveness**.

“I feel the best I have in a long while and now it’s up to me to continue.”

J.D

“I believe the consulting pointed me in the right direction in helping me solve my problems. I need this approach to succeed at returning to work.”

R.M

“I was sceptical at the beginning, even after some initial improvement I still wasn’t convinced. Then the habits improved and good improvement resulted. I would and have recommended this system to others especially now that improvements have remained well into the program. Thank you again.”

A.K

“A very understanding and thoughtful Consultant.”

D.J

“I have learned more about myself and have to deal with my problems during the past month than I ever have before in my life. Coming to the clinic has been the best thing I have ever done for myself. I am looking forward to more improvement as I continue to learn and apply what I have already learned. Thank you Mark.”

N.C

“I have referred a few of my co-workers to Mark Kent. The whole experience has been a very positive one.”

R.R